

How can you get involved?

We are often asked by businesses how they can help. There is a whole range of ways in which you can support our charity and our clients. Below are some suggestions (see our A-Z of suggestions for more), but if you have your own ideas we would love to hear from you.

Why we need your support! £55 per day or £1,200 per month enables us to provide a community hub from where we run our food-bank and store the supplies; offer teas, coffees and snacks to visitors, to pay our overheads and provide a safe and welcoming place for our community to engage in activities designed to support their needs.

'Fun'draising

- Hold a fundraising event or take part in a sponsored event and your employees can have fun while raising much needed funds
- Put together a team to enter one of our fun Quiz nights
- Hold a 'dress down' day for staff
- Hold a bake sale, a quiz or curry night in aid of The Thomas Project.

Sponsorship

- Sponsor one of our public and community events during the year.
- Sponsor a staff member - one of our most difficult challenges. We need more staff to respond to growing demands on services and you can help make this a reality.

Donating Goods

- Donate food - speak to us directly to discuss food safety restrictions
- Donate office furniture, I.T. equipment and stationery.
- Help us with printing

Other Support

- Make us your 'Charity of the Year'
- Volunteer to provide pro-bono skills such as legal, marketing, events, accounts and IT expertise.
Create a 'Give as you earn' scheme to support staff to make a regular donation through your payroll
- Leave a Legacy
- Give in memory of a loved one or special person
- Give in celebration of an achievement or special occasion